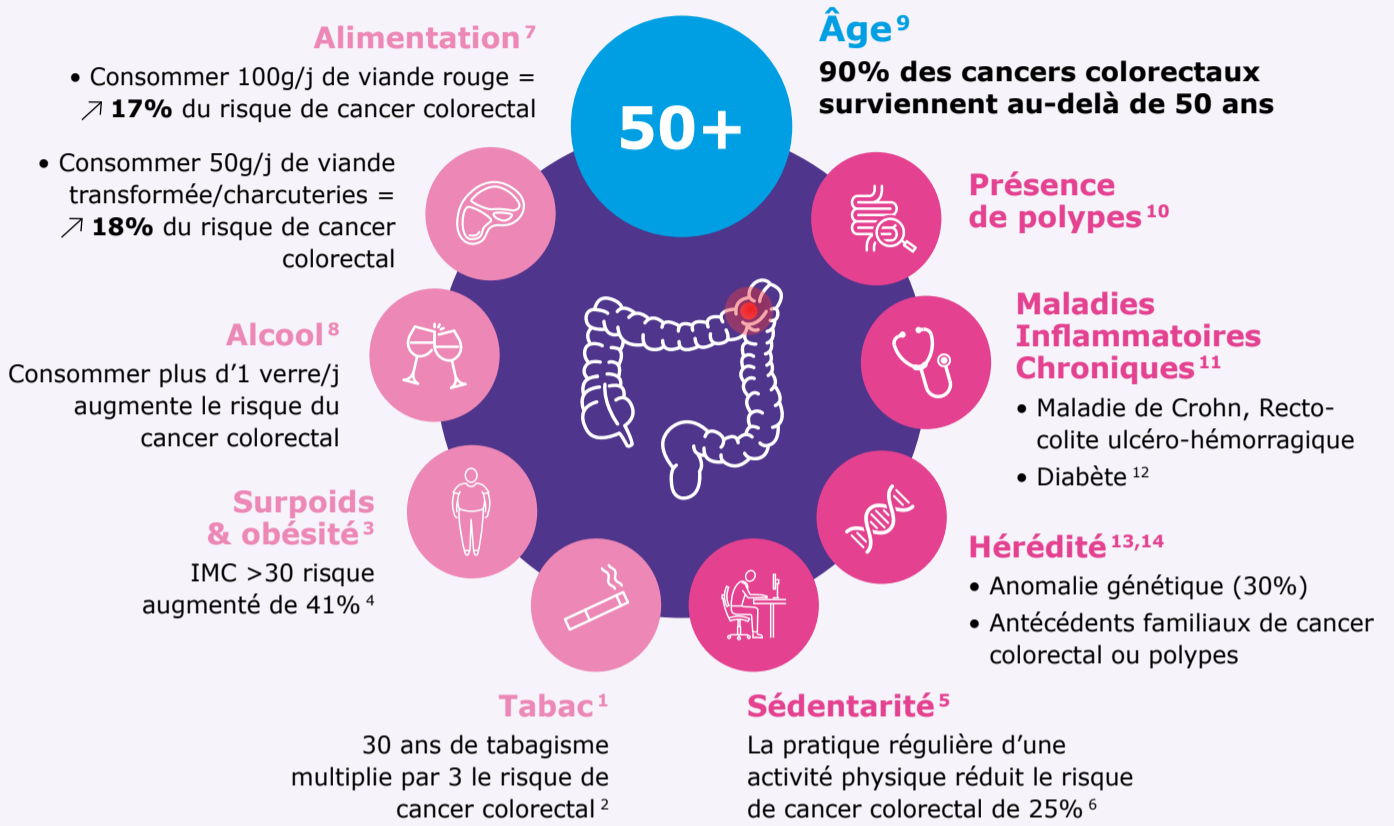




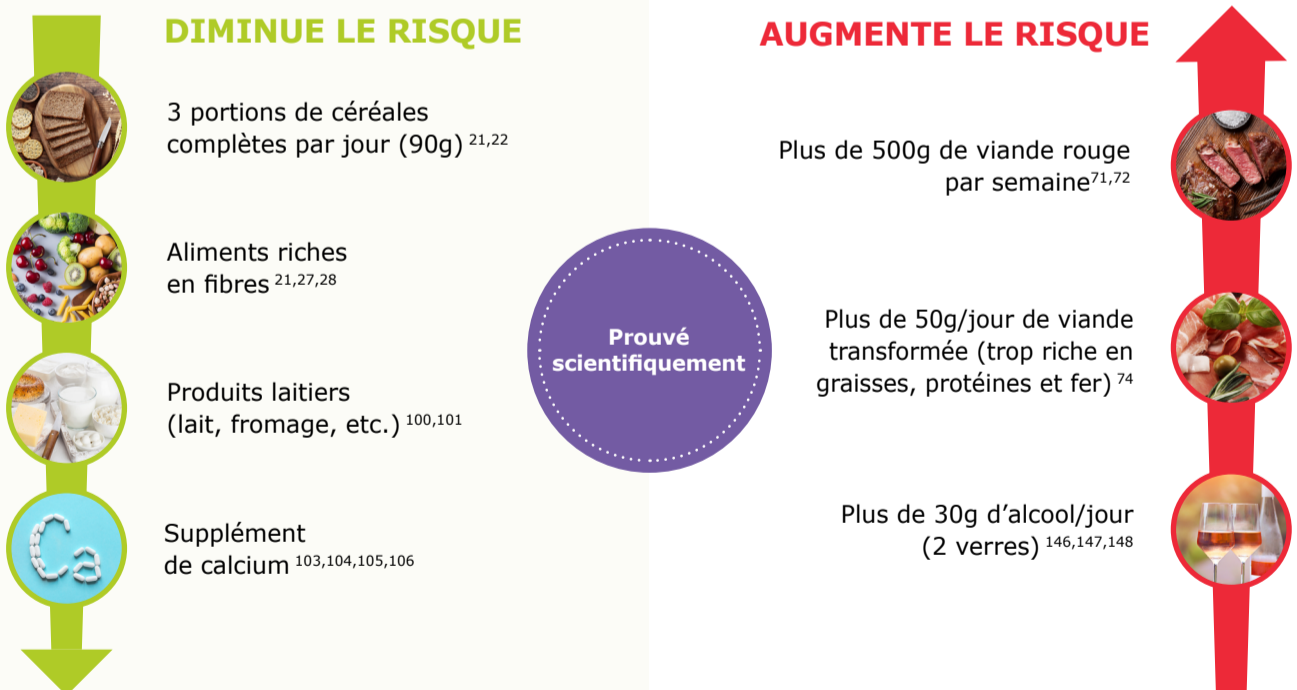
Cancers colorectaux

INFOGRAPHIE #2

FACTEURS DE RISQUE DES CANCERS COLORECTAUX



ALIMENTATION & RISQUES DE CANCER COLORECTAL



Supposés protecteurs par différentes études

- Aliments riches en vitamine C (poivrons, kiwi, agrumes, persil, cassis)⁴⁷ > 40g/jour
- Poisson^{86,87}

Supposés défavorables par différentes études

- Faible consommation de fruits (< 100g /jour)^{42,47}
- Faible consommation de légumes (< 100 g/jour)⁴⁷



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